



3300 N. TORREY PINES CRT  
LA JOLLA, CA 92037

PHONE: 858.784.9824  
TEXT ORDERS: 858.224.0722

WEEKDAYS: 7:30AM - 2:30PM

WWW.TORREYCLUBCAFE.COM

## AVOID THE WAIT!

Text your order in ahead  
of time to **858.224.0722**

## CLUB DELI SANDWICHES

ALL NATURAL PREMIUM QUALITY CUTS  
Served with House Pasta Salad and choice  
of Ciabatta, Whole Wheat, Pumpernickel Rye,  
or Sourdough

Add side of waffle fries **2.00**

### HALF SANDWICH 4.50

### ROASTED TURKEY 7.50

Roasted Turkey, Cheddar Cheese, Tomato,  
Mayo, Shredded Lettuce

### TORREY CLUB TRIO 8.25

Roasted Turkey, Applewood Bacon,  
Forest Ham, Swiss Cheese, Tomato,  
Shredded Lettuce, Aioli

### BLTA 7.50

Applewood Bacon, Lettuce Leaf,  
Tomato, Avocado, Tomato Aioli

### ALBACORE TUNA SALAD 7.50

All White Albacore Tuna, mixed with  
pickles, celery and parsley, Tomato,  
Lemon Aioli, Shredded Lettuce

### WALDORF CHICKEN SALAD 7.75

Diced chicken breast mixed w/apple,  
grapes, walnuts, celery, mayo, lettuce

### CLUB EGGSALAD 6.50

Hearty Egg Salad, Tomato, Lettuce

# BREAKFAST

SERVED UNTIL 10:30AM

## CLUB FAVORITES

### ORGANIC HOT OATMEAL 4.75

Cooked with green apple and served with  
dried cranberries, sliced almonds, brown  
sugar

### ASSORTED TOASTED BAGELS

With Cream Cheese or Butter & Jam **2.50**  
With Cream Cheese, Sliced Tomato,  
Cracked Pepper **2.75**

### PARFAIT 5.75

Flax seed Granola, Plain Yogurt, Seasonal  
Fresh Fruit

### FRESH CUT SEASONAL FRUIT 3.50

### PROTEIN PACK 4.50

Hard Boiled Egg, cubed cheddar cheese,  
sliced apples, whole wheat toast strips

### BAKERY 1.50 - 2.75

Daily Selection of Freshly Baked Scones,  
Muffins, Croissants, Cookies

# LUNCH

SERVED ALL DAY

## TORREY BOWLS / PLATES

*Changes Daily!*

An assortment of delicious plates and  
bowls prepared daily and created  
from the freshest ingredients.

## WRAPS

*Served in a Warm Spinach Flour Tortilla*

Add side of waffle fries **2.00**

### TURKEY & BACON WRAP 7.95

*Served with side Chipotle Aioli*  
Roasted Turkey, Bacon, Tomato,  
Mozzarella, Baby Spinach, pressed

### BBQ CHICKEN WRAP 7.95

*Served with side of Buttermilk Ranch*  
BBQ Chicken Breast, Shredded Cheddar,  
Arugula, Tomato, Red Onion, Cilantro,  
pressed

## BREAKFAST SANDWICHES

*Served on Ciabatta*

### THE SPICY RANCHERO 6.50

Egg Scramble, tomato, onion and  
jalapeno, Black Forest Ham and  
Cheddar

### BACON & EGGS 5.95

Applewood Smoke Bacon, Fluffy  
Egg Scramble, Cheddar

### VEGGIE AND CHEESE 5.50

Egg scramble, Spinach,  
Mushrooms, Swiss

### BREAKFAST BURRITO 5.95

Scrambled Eggs, Roasted  
Potatoes, Black beans, Cheddar,  
Pico de Gallo  
Add Bacon **1.00**

### CHORIZO & EGG BURRITO 6.50

Chorizo Scramble, Black Beans,  
Roasted Potato, Shredded  
Cheddar

### POWER BREAKFAST BURRITO 6.50

Egg White Scramble with Baby  
Spinach, Tomato, Mushrooms and  
Onion, Shredded Mozzarella

## HOT PANINIS

*Served Hot on choice of Ciabatta, Sourdough,  
Whole Wheat, or Pumpernickel Rye*

Add side of waffle fries **2.00**

### TORREY CLUB 8.50

Grilled Chicken, Applewood Bacon,  
Avocado, Chipotle Aioli, Cheddar Swiss  
Cheese, Lettuce Leaf

### ROAST BEEF DIP 8.50

Medium Rare Roast Beef, Mozzarella,  
Caramelized Onions, Ajous

### GRILLED PESTO CHICKEN 8.25

Grilled Chicken, Pesto Aioli, Roasted Red  
Bell Peppers, Mozzarella, Tomato,  
Arugula

### MOJITO CHICKEN 8.25

Grilled Chicken, Avocado, Pepper Jack  
Cheese, Tomato, Mojito Lime Aioli,  
Lettuce Leaf

### TUNA MELT 8.25

Albacore Tuna salad, cheddar, tomato

### PITA PRESS 8.25

Ham & Swiss, Tomato, Dijon Aioli

### ULTIMATE GRILLED CHEESE 4.50

Wheat or Sour Dough, Cheddar,  
Pepper Jack

## PIZZA/PASTA

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### PESTO CHICKEN 9.50

Bow Tie Pasta, Creamy homemade Pesto, Sun Dried Tomatoes, Chicken Breast. Served with grilled Garlic Bread

### THIN CRUST PIZZA

Served with side Buttermilk Ranch

Margherita **8.75**

Pepperoni or Grilled Veggie **9.25**

## VEGETARIAN

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Served with House Pasta Salad and choice of fresh baked Ciabatta, Whole Wheat Bread, or Pumpernickel Rye

### HOT ROASTED VEGGIE 7.75

Roasted Yellow Squash, Zucchini, Mushrooms, Roasted Red Bell Peppers, Tomato, Mozzarella, Arugula, Herb Aioli, Served Hot

### VEGGIE AND CHEESE 6.75

Cucumber, Tomato, Red Onion, Red Bell Pepper, Mozzarella, Green Leaf, Dijon Aioli, Hummus

## SALAD BAR 7.95LB

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Create your own healthy salad with freshest ingredients including premium grains, proteins and veggies.

### Enhance your Salad

Grilled Chicken Breast **3.50**

Grilled Herb Salmon **5.00**

## SOUPS & CHILI BOWL 4.85

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### HOMEMADE SOUP OF THE DAY

#### CLUB BLACK BEAN CHILI

Our homemade vegetarian black beans slow cooked with vegetables, herbs and spices

## ASK ABOUT CATERING!

Get your Torrey Club Cafe Favorites at your next social, event or gathering!

View menu at [TorreyClubCafe.com](http://TorreyClubCafe.com)

## THE TORREY GRILL MEAL SPECIALS 7.00

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Served on a Sesame Bun with a side of Waffle Fries and small Fountain Drink

### BUILD YOUR BURGER

Cheese: Sharp Cheddar, Swiss, Pepper Jack

Essentials: Lettuce, Tomato, Pickles, Red Onions, Chopped White Onions

Spreads: Mayo, Ketchup, Dijon, Lemon Garlic Aioli, Chipotle Aioli, 1,000 Island

### ALL BEEF ANGUS BURGER

### TURKEY BURGER

### VEGGIE BURGER

### SAUSAGE LINK

### DOGGIE DOG HOT DOG

### EXTRA ADD ONS:

Sautee Mushrooms **1**, Apple Wood Bacon **1.50**, Avocado **1.50**, Blue Cheese Crumble **.75**

### A LA CARTE WAFFLE FRIES 3.25

## ICED SPECIALTY COFFEE / TEA

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Exclusively serving "Illy Coffee"

### ICED COFFEE 2.25

Coffee and ice

### ICED VANILLA COFFEE 2.75

Coffee, vanilla syrup, milk, ice

### ICED MOCHA 2.75

Coffee, chocolate syrup, milk, ice

### ICED CHAI TEA LATTE 3.25

Chai tea, milk, ice

## FRESH BREWED COFFEE 2.25 12oz / 2.95 16oz

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Exclusively Serving Illy Gourmet Brew

## FRAPPS 4.25

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Topped with Whip Cream

### MOCHACCINO

Coffee, chocolate syrup, milk

### CARAMELCCINO

Coffee, Milk, Vanilla Syrup, Caramel sauce

## BAKERY 1.50 - 2.75

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Fresh Baked Daily Assortment of Cookies, Brownies, Muffins, Bagels and **MORE!**

## SMOOTHIE AND BOWL BAR

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### BANANA STRAWBERRY 4.95

Apple Juice or OJ

### TROPICAL 4.95

Mango, Peach, Pineapple, Orange Juice

### PITAYA ANTIOXIDANT 5.95

Pitaya, Pineapple, mango, Almond milk

### ACAI BERRY BLAST 5.95

Acai, strawberries, blue berries, banana, almond milk

### MATCHA GREEN TEA 5.95

Almond milk, banana

### ACAI BOWL 6.95

Acai puree, granola, sliced bananas, blueberries, pineapple, coconut shaving, agave

### PITAYA BOWL 6.95

Pitaya puree, granola, sliced bananas, blueberries, pineapple, coconut shaving, Honey

## ADD ONS/SUBS

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PEANUT BUTTER 1.00

FLAX SEED 1.00

GRANOLA SCOOP 1.00

VANILLA WHEY PROTEIN POWDER 2.00

SOY MILK, ALMOND MILK .50

PLAIN YOGURT .50

HEMP SEED 1.00

ADD COCAO NIBS 1.00

## BEVERAGES

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### FOUNTAIN DRINKS

1.50 12oz / 1.95 16oz

### FRESH BREWED ICED TEA

1.50 12oz / 1.95 16oz

### BOTTLE BEVERAGES

1.25 - 3.75

### ENERGY DRINKS / ENERGY DRINKS

2.50 - 3.75